

Fencing



Instructor: Marek Stepien

Marek Stepien is a fencing master, competed in world championships and the Olympics and former instructor at Notre Dame University

Age: Grades K-8th (girls and boys)

*See Everest Academy ASA Program for activity fees/ dates.

About Fencing

Fencing is an elegant, lifelong sport. It is great exercise for the mind and body. It is both challenging and fun. Anyone may fence, boys and girls, young and old. Whether chosen as a fitness regimen, a recreational hobby, or as a serious competitive sport, fencing is an excellent way to improve fitness while having fun.